

## Pathway for Individuals who present as Transgender under the care of The Scottish Prison Service

### Introduction

Transgender is an umbrella term for individuals whose assigned gender at birth is incongruent to their gender identity. This includes trans men, trans women, and non-binary people.

This document provides a flowchart of the care pathway which should inform the care, management and treatment of transgender individuals while in prison. We recommend that individuals are treated on a case by case basis and receive an individualised care plan which takes into account their stage of transition, relevant risk factors and their care and treatment needs.

These guidelines aim to give an overview of the process which should be followed when there are issues to resolve around an individual's gender status and/or an individual presents as transgender for the first time while in the prison estate. Those in custody who have been diagnosed with gender dysphoria, or who seek a diagnosis of gender dysphoria, must be provided with the same NHS care, including mental health assessment, counselling, pre-operative and post-operative care and continued access to hormone treatment, as they would receive in the community.

Decisions about where to place transgender individuals are taken by the Scottish Prison Service, in-line with their policy on a case-by-case basis. A transgender individual may be refused accommodation in an estate based on security and risk.

This document was developed in accordance with current relevant legislation and the World Professional Association of Transgender Health, Standards of Care Version 7, 2011(WPATH SOC). The most recent version of the WPATH SOC, Version 8, was in draft form as the document was finalised, however the document was reviewed. The current guidelines for the care and management of transgender individuals in prison in England were consulted during the development of this document (PSI/07/2011 The Care and Management of Transsexual Prisoners, NOMS Agency Board). This document was produced with consultation from NHS GG&C Lead for Prison Healthcare in addition to Consultant Clinical Psychologists working within the Scottish Prison Service in order to ensure the proposal meets the needs of service users.

This document was reviewed by the NGICNS network and steering group (with service user representation). The network was given the opportunity to provide comment before the document was finalised, their comments were incorporated into the final draft.

Training and clinical supervision will be provided by the psychology service within the local gender service, and where there is not a GS available locally, The Gender Service at the Sandyford, Glasgow, will provide support to mental health teams within prisons. Training plan to follow.

For further information or advice on this document please contact:



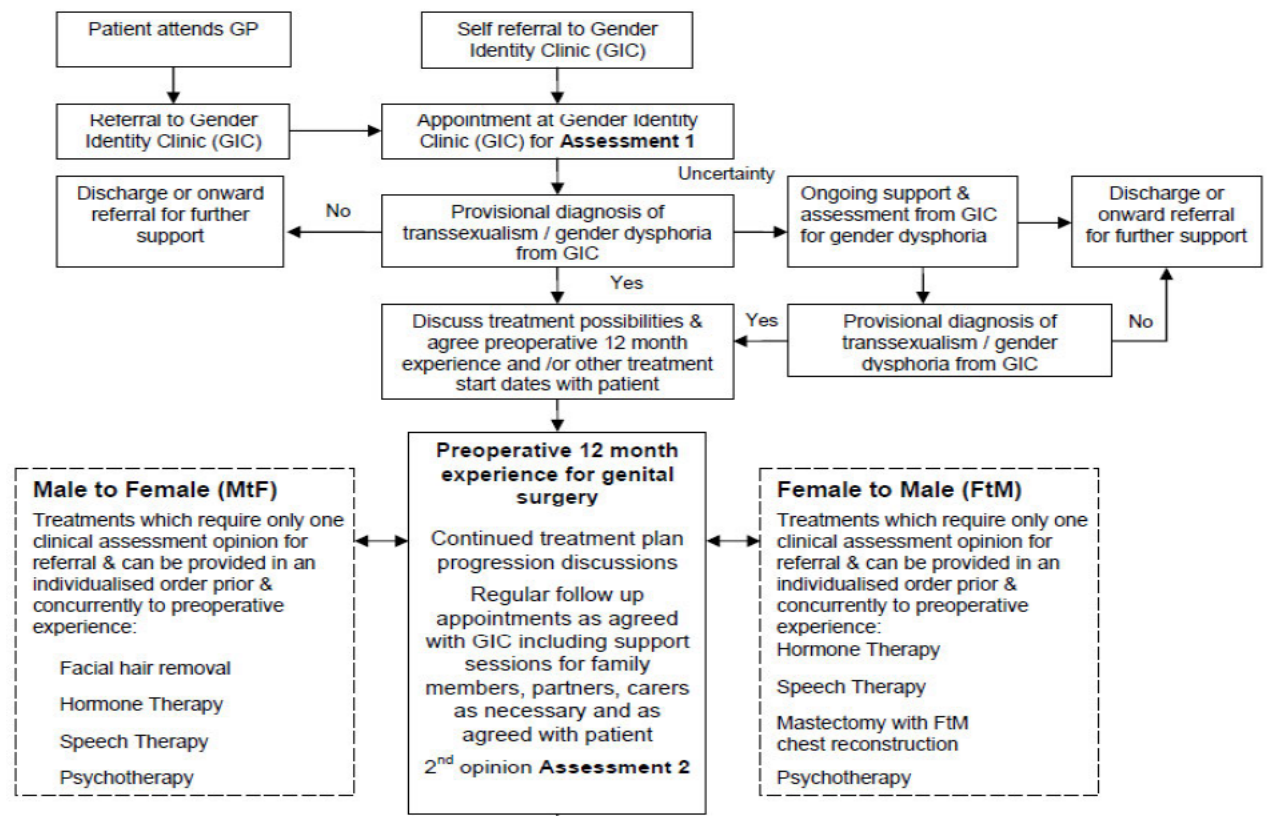
The Gender Service at the Sandyford.

Pathway for the Care and Management of Transgender Individuals in the Community



**Gender Reassignment Protocol**

When implementing the protocol, the patient should be a full participant in decisions about their healthcare and wellbeing and be given any information or support that they need in order to do so.



\*Efforts shall be made to access gender affirming therapies while in SPS however gender services acknowledge this may not always be possible.

Pathway for Assessment of Transgender Individuals Under The Care Of The Scottish Prison Service

